



THE GOOD FIGHT

INSTRUCTIONS FOR A STRONG
CHURCH ACCORDING TO
1 TIMOTHY



Gospel Life Communities Study Guide

1 Timothy 4:1-10

Be Devoted To The Truth

We are close to the end of the Fall 2023 GLC season. The last GLC Study Guide for 2023 will be released on November 27. Look for the next series of study guides beginning January 15.

Our weekly studies will have four parts, following the four categories that we've set for GLC's, and then end with prayer.

exploring

We will explore God's word together, looking at the actual words of the passage each week.

digging

We will dig deeper into the word, discussing the context and meaning of the passage.

growing

We will discuss how the passage is applied to our own lives.

going

We will discuss how the passage informs, challenges, and encourages our gospel witness.



exploring

Now the Spirit expressly says that in later times some will depart from the faith by devoting themselves to deceitful spirits and teachings of demons, 2 through the insincerity of liars whose consciences are seared, 3 who forbid marriage and require abstinence from foods that God created to be received with thanksgiving by those who believe and know the truth. 4 For everything created by God is good, and nothing is to be rejected if it is received with thanksgiving, 5 for it is made holy by the word of God and prayer. 6 If you put these things before the brothers, you will be a good servant of Christ Jesus, being trained in the words of the faith and of the good doctrine that you have followed. 7 Have nothing to do with irreverent, silly myths. Rather train yourself for godliness; 8 for while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come. 9 The saying is trustworthy and deserving of full acceptance. 10 For to this end we toil and strive, because we have our hope set on the living God, who is the Savior of all people, especially of those who believe.

1 Timothy 4:1-10 ESV

- Have someone read through the passage. Is there any part that sticks out or that you have a question about?

digging

- What does Paul mean when he writes “later times”? See 1 Peter 1:20; 1 John 2:18 for hints.
- Read 1 Timothy 1:3-7. What similar themes are covered in that passage? How does it relate to today’s passage?

- Why do 'some depart from the faith' according to the Apostle Paul? Who is responsible?

growing

- In verses 3-6 we see how the 'liars' are trying to drive people to religious legalism. What are ways we are tempted towards legalism here in Canada, or even at King Road?
- Do you believe God holds back his blessings from his people? Are there good things that God keeps from us? Discuss.

going

- What do you do to 'train in godliness'? Share with the group.
- Does this passage give you courage to reach out to your neighbors with the gospel? Why or why not?

Pray “Kingdom Prayers”

Kingdom prayers are prayers that don't only focus on the immediate need, but also on God's glory.

For example, if someone has a sore knee instead of just praying “God, please heal Betty's knee”, you would pray something like “God, please heal Betty's knee so that she can continue to serve you and your people; so that she can continue attend worship services pain free and give you glory for your healing hand.”

See the difference?

Some ideas of what to pray for:

- Each other's needs/requests
- King Road's ministries, missionaries, members, and pastors
- Opportunities to share the gospel